



Bringing Educational Psychology to You...

Andrea Dennison is a British trained Chartered Psychologist and Registered Educational Psychologist

with over twelve years' experience as a professional psychologist; working with children and young people with a wide range of special needs, their families and teachers. Prior to this Andrea was a teacher for nine years.

Support for You

Are you worried about your child's learning or behaviour?

There are a number of services on offer.

If you're not sure what you want to do, let's start with [an initial consultation meeting](#).

This should help clarify things and may in itself be enough to help.



Applying Psychology to Enhance the Learning, Development and Wellbeing of Children and Young People

Working in partnership with children, young people, parents, teachers and other professionals to help bring about positive changes.

How Can Andrea Support You with Your Concerns?

Consultation

Meeting with you to jointly problem-solve your concerns and find solutions that will enable positive change.

This will be through a problem-solving discussion where relevant information is gathered and ideas are shared to create strategies and solutions.

Consultation is a collaborative process which can be used to help plan a positive way forward using clearly negotiated goals and outcomes.

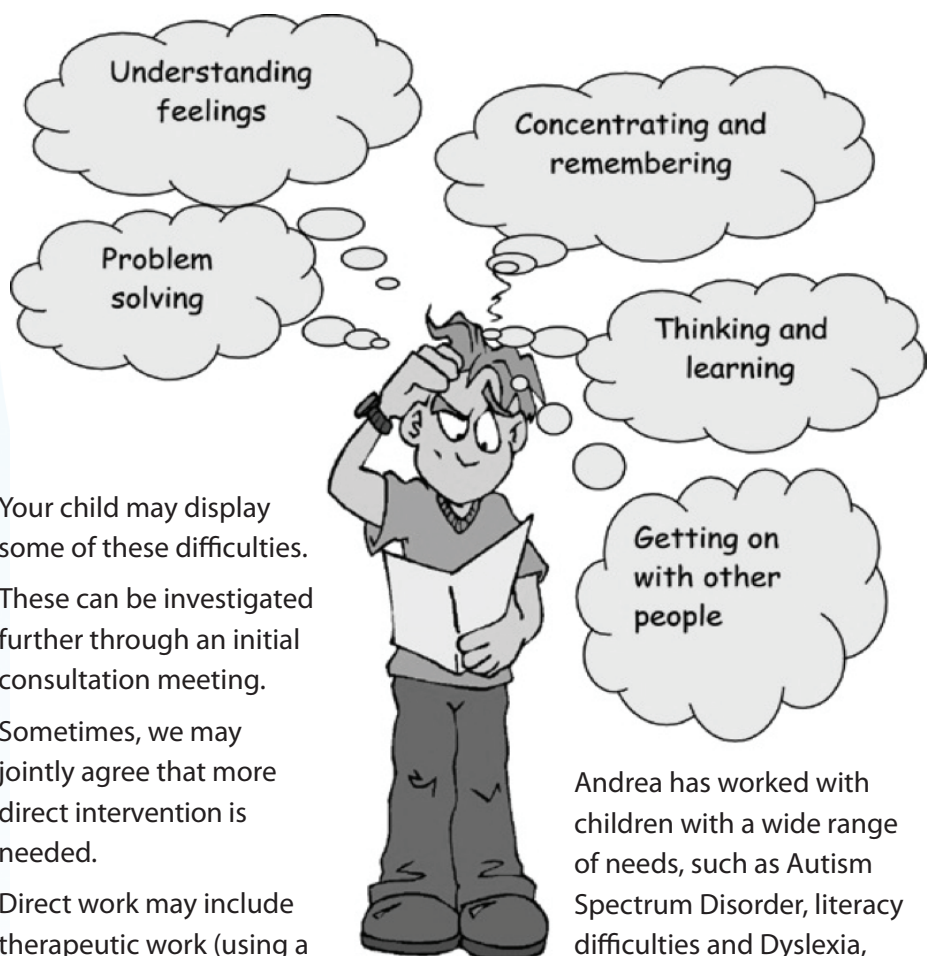
An initial consultation meeting, lasting about an hour may be all that is needed to make a difference.

Assessment

Following on from an initial consultation meeting, it may be jointly agreed that more formal and comprehensive psychological assessments are needed to investigate issues further. This may include observation, completion of checklists and questionnaires, discussions with your child, projective techniques, cognitive or 'intelligence'/IQ tests and other forms of standardised assessments. This could take anywhere from 30 minutes to a whole day.

Intervention The initial consultation meeting will generate jointly agreed actions. It may be that more specific interventions are needed, which could involve supporting you (for example, through behaviour management strategies at home), supporting your child's teacher (for example, through a telephone consultation and advice in relation to literacy support), or through working directly with your child.

Training You, your child's teacher, or your child's school may like to receive training on a wide variety of topics in relation to learning, development, wellbeing and behaviour. Any training can be tailor made to suit the needs and issues.



Your child may display some of these difficulties.

These can be investigated further through an initial consultation meeting.

Sometimes, we may jointly agree that more direct intervention is needed.

Direct work may include therapeutic work (using a variety of approaches depending on the need and issues), anger management, social skills training, study skills and literacy support, for example.

Andrea has worked with children with a wide range of needs, such as Autism Spectrum Disorder, literacy difficulties and Dyslexia, Dyspraxia, speech, language and communication needs, ADHD, emotional, social and behavioural needs, and more complex developmental disorders.

Working Directly with Children and Young People

To help them overcome barriers in their learning or behaviour

What can you expect from Andrea?

You can expect an approachable professional who very much believes in collaborative working as the best way to enable change. This is why any work with you will always start with an initial consultation meeting.

- All work in relation to your child will include an initial consultation meeting to gather information, jointly problem-solve your concerns and jointly agree actions. Brief minutes from this consultation meeting will be hand written and copied for you at the end of the meeting.
- If further assessment is needed, and the purpose and nature have been jointly agreed at the initial consultation meeting, then this will be carried out at a suitable time and place. A summary of the findings will be presented in a typed report, alongside any jointly agreed action and further suggestions for supporting your child at school and/or home. The report will be explained to you through a follow-up consultation meeting within four weeks of the assessment.
- If direct intervention or therapeutic work is carried out, a summary of the work will be given at the end of my involvement (bearing in mind that this will likely be brief due to the confidential nature of any therapeutic work).
- Even if no formal assessments are carried out, a follow-up consultation meeting can also be held to review jointly agreed actions from the initial consultation meeting and to decide on possible future actions. Typically, any follow-up consultation will be around 4 to 12 weeks after the initial consultation meeting. Brief minutes from this follow-up consultation meeting will be hand-written and copied for you at the end of the meeting.

Time and cost

This will vary depending on the needs and issues. You will need to contact me for information on the cost of an initial consultation meeting and likely costs of any further assessments or interventions.

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